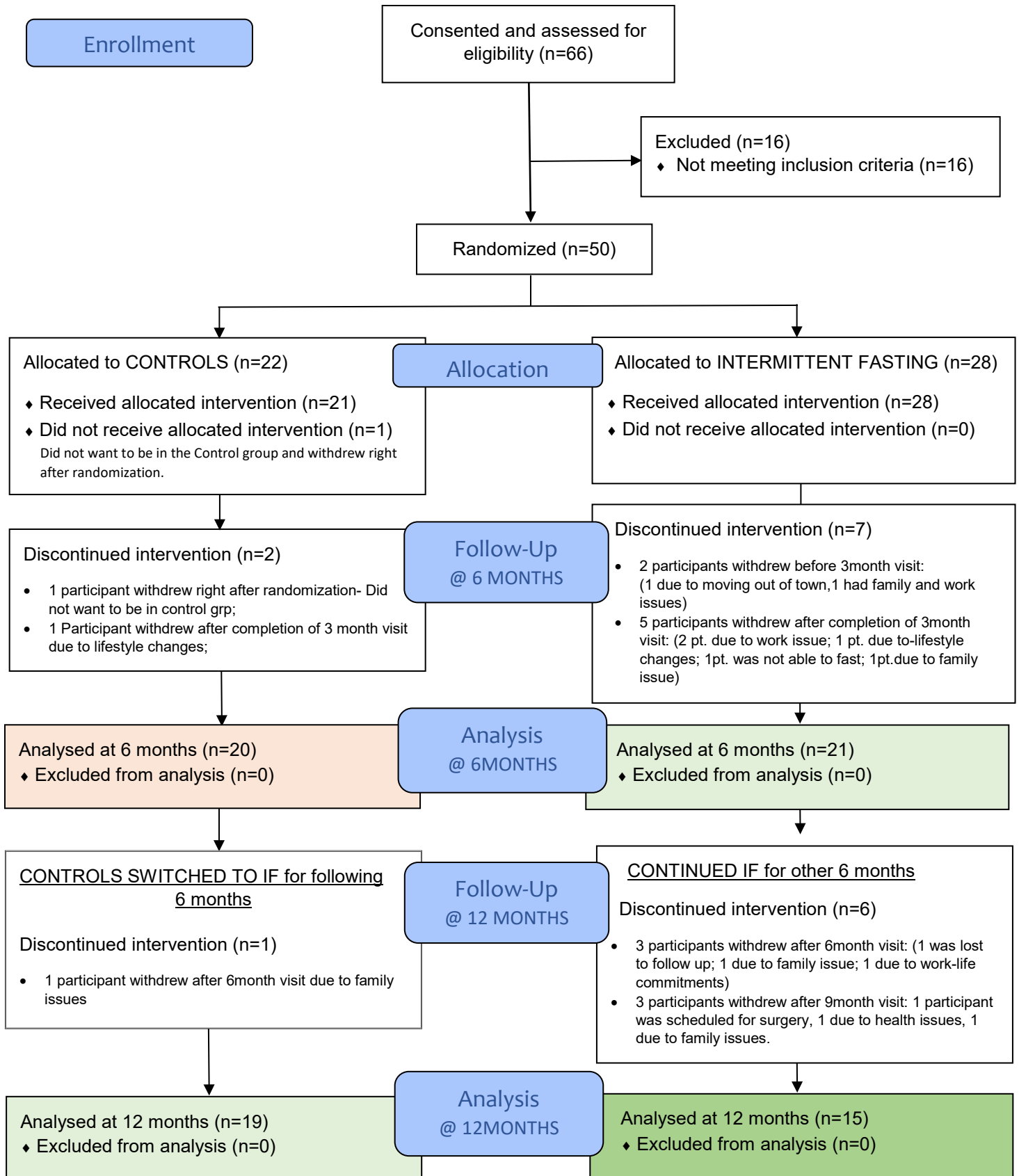


Intermittent Fasting Study CONSORT Flow Diagram



COMPBIO
Analysis

CONTROL GROUP at 6 months

Analysed at 6 months (n=20)
♦ Excluded from analysis (n=0)

INTERVENTION GROUP (IF) at 6 months

Analysed at 6 months (n=21)
♦ Excluded from analysis (n=0)

+

CONTROL GROUP-SWITCHED to IF
after 6 months

Analysed at 12 months (n=19)
♦ Excluded from analysis (n=0)

